

DECEMBER 2009



ORDER DEADLINE FOR DECEMBER

Wednesday, December 2, 2009

(Call Your Local Site for their order cut-off Times)

Distribution at Your Local Site

Saturday, December 12, 2009

(Call Your Local Site for Distribution Times)

BASIC FOOD BOX - only \$30

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|---------------------------------------|---------------------|
| 3lb Cornish Game Hens | 1lb Frozen Fruit |
| 1lb Diced Beef | 1 lb Carrots |
| 3 lb Boneless/Skinless Chicken Breast | 1 lb Broccoli |
| 2lb Potato Cakes | 2 Peach Cobbler Mix |
| 1 box Corn Bread Stuffing | Whipped Topping |
| 1 Onion Soup Mix | 1 Pumpkin Roll |
| 14oz Soup | |

EMPTY NESTERS BOX - only \$20

- 3lb Cornish Game Hens
- 28oz Salisbury steak
- 14 oz Soup
- 2 lb Potato Cakes
- 1 lb Frozen Fruit
- 1 lb Broccoli
- 1 Pudding Mix
- 1 Pumpkin Roll

SENIOR MEALS – only \$28.00

New and improved supplier - <http://www.valleyinc.com/senior/nutrition.html>

7 Heat & Serve Meals - with an 8 oz glass of milk, these meals meet USDA RDA recommended dietary needs of seniors

Salisbury Steak Sour Cream & Chive Potatoes Mixed Vegetables Wheat Roll Margarine Blended Juice	Oven Fried Chicken Corn Broccoli Wheat Bread Margarine Grape Juice Animal Crackers	Beef Patty Onion Sour Cream & Chive Potatoes Summer Vegetables Rye Bread Margarine Graham Crackers	Chicken & Dumplings Peach Half Winter Vegetables Wheat Roll Margarine Orange Pineapple Juice	Sweet & Sour Pork w/ Rice Peas & Carrots Squash Medley Wheat Bread Margarine Mixed Fruit Cup	Chicken Strips & Penne w Tom. Basil Sauce Capri Veg. Green Beans w Onions & Red Peppers Wheat Bread Margarine Fig Bar	Beef Chimichanga w/ Cheese Sauce Applesauce Mexicorn Wheat Bread Margarine Orange Juice
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Great Food For All Reserves the right to substitute items of equal or greater value due to circumstances beyond our control

To show our appreciation during this holiday season, special boxes can be ordered with or without the purchase of a Basic Unit, Empty Nester, or Senior Meals. Order anything you like.

May you have a Blessed and Merry Christmas!!

- KIDS BOX** (2 lb Chicken Breast Bites, 20oz. Turkey Slices, 1.5 lb Popcorn Chicken, 24 oz. French Fry, 28 oz. Bosco Chocolate Syrup, 3 pack popcorn) **\$18.00**
- BREAKFAST BOX** (12 oz. Canadian Bacon, 20 Count of Waffles, 2 14oz Country Gravy, 2lb French Toast Stix, 1lb Blueberries, 1 Apple Cinnamon Muffin Mix, 1 box of 6 count Fruit Bars) **\$18.00**
- HOLIDAY MEAT AND CHEESE BOX** (2-7oz. Beef Summer Sausages, 1-12oz Pork and Beef Summer Sausage, 1-8oz Sharp Cheddar Cheese, 1-8oz Mild Cheddar Cheese, 1-8oz Colby Cheese) **\$22.00**
- FEED THE CROWD FOR THE HOLIDAYS-OVER 17 LBS!!** (3lbs Chicken, 4lbs Clam Chowder, 4lb Chicken and Wild Rice Soup, 52oz. Meatloaf w/ Ketchup Glaze, 3lbs Mixed Vegetables) **\$28.00**
- CHRISTMAS DINNER BOX (Feeds 10-12 People for less than \$4/ea.)** (4lb Black Forest Ham, 4.75lb Mac N Cheese Tray, 2lb Sweet Potato Soufflé, 2lb Green Beans, 2lb Carrots, 2-12 ct Honey Dinner Rolls, Full Size Cheesecake) **\$40.00**
- HOLIDAY DESSERT BOX (From a nationally known company)** (1-Full Size Cookies and Cream Cheesecake and 1-10 lb Triple Chocolate Torte Cake) **\$25.00**
- TIRAMISU BOX** (2-60 oz. Full Size Tiramisu – Back by popular demand!) **\$20.00**

YOU MAY ORDER ANY QUANTITY OF FOOD BOXES

GREAT FOOD FOR ALL
34 WEST BROAD STREET NEWTON FALLS, OHIO 44444
PHONE 330 872-0155 FAX 330 872-0755
www.greatfoodforall.com